



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

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# NI-KKO FIGHTING STYLE

## 19 march 2023

# ROMA OPEN

## TAEKWON-DO ITF

### PALATORRINO - VIA FIUME GIALLO, 47 ROMA



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[www.sportdata.org/](http://www.sportdata.org/) [www.fitae-itf.com](http://www.fitae-itf.com)



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Invitation

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October 12<sup>th</sup>, 2022

Dear ITF members,

In collaboration with the Italian Taekwon-Do Federation FITAE-ITF, we invite you to the **6<sup>th</sup> NI-KKO ROMA OPEN TAEKWON-DO ITF** which will be held in **Sports Hall PALATORRINO, Via Fiume Giallo 47, Rome** on **Sunday March 19<sup>th</sup>, 2023**, according to the following approximate program:

|                         |                                     |
|-------------------------|-------------------------------------|
| <b>hrs. 09.00-13.00</b> | <b>Children and Cadets</b>          |
| <b>hrs. 14.00-20.00</b> | <b>Junior and Senior / Veterans</b> |

Please receive the necessary information to attend the **NI-KKO ROMA OPEN TAEKWON-DO ITF** event.

Closing of the online registration on Sportdata will be on **Wednesday March 15<sup>th</sup>, 2023 at 23:00pm**.

Electronic scoring system and large screens for black belt competition are available to have a professional approach.

We are looking forward to meeting you in beautiful Rome.

### ***Roma Open Organization Team***

GM Wim Bos  
Master Stefano Minotti  
Master Leandro Iagher  
Sabum Paolo Gentile  
Mrs. Tiziana Mimmocchi



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Information

### Date and Place

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The event will be held on Sunday March 19<sup>th</sup>, 2023, in the

***Sports Hall PALATORRINO, Via Fiume Giallo 47, Roma***

### How to arrive

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The venue is easily reachable from the center of Rome by a 20 minutes travel.

- **Arriving at Railway Station TERMINI** (center of Rome):

by **TAXI** (Note: take a regular white taxi) 36 min (15.5 Km) / 26 min without traffic  
<https://goo.gl/maps/fHBazeUJqhQ2>

by **PUBLIC TRANSPORT**:

Metro B-B1 (dest. Laurentina), get off at Eur Palasport and take bus 777 to Palatorrino (tot. 50 min.)

- **Arriving at Leonardo da Vinci International**

**Airport: by TAXI** (Note: take a regular white taxi)  
17 min (19.5 km) <https://goo.gl/maps/AC9zLvcTR1w>

by **PUBLIC TRANSPORT** :

FL1 FC2 777 (1 h 20 min, not advisable due to three interchanges)

- **Arriving at Ciampino Airport:**

by **TAXI** (Note: take a regular white taxi) 20 min. (19 km) <https://goo.gl/maps/G8JFXHc1HvJ2>

N.B.: Click [HERE](#) to plan your traveling in Rome by public transport.



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Accommodation

Participants may find their own accommodation in the area of the sports hall:

- Sheraton Parco de' Medici Rome Hotel
- Holiday Inn Rome - Eur Parco Dei Medici
- Rome Marriott Park Hotel
- Novotel Roma Eur

In addition, many B&B are available around the venue.

## The Sports Hall PalaTorrino

The Sports Hall [PALATORRINO](#), located in Via Fiume Giallo, 47, 00144 Rome (Zona Eur-Torrino), hosts many national martial arts events.





# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Main Sponsor

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[www.nikkosportitf.com](http://www.nikkosportitf.com)

## Competition

The participation in the Roma Open of organizations, clubs or members of other ITF organizations is subject to the favorable opinion of the FITAE-ITF Board of Directors.

Competitors must be in possession and accept the following to participate:

- ITF dobok
- To accept the competition program.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals will be given to 1st, 2nd and one 3rd place winner.
- For other matters, the ITF competition rules will be observed.

### **Age Divisions - AGE IS BASED ON BIRTHDAY DATE (not on year of birth)**

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- **Children** (6 - 11 years)
- **Cadets** (12 – 14 years)
- **Juniors** (15 – 17 years)
- **Seniors** (18 - 35 years and above)
- **Veterans** (36 years and above)\*

\* Veterans wishing to compete in the Senior category are allowed to do so but then they cannot compete in the Veterans categories.



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Inscription / Draws

Inscription for this event must be done online through [www.sportdata.org](http://www.sportdata.org)

Closing of the online inscription on **Wednesday 15<sup>th</sup> March 2023 at 23.00 hrs.**

- Draws will be online on Thursday March 16<sup>th</sup>, 2023, from 23.00 hrs.
- With the enrollment closed, all registered athletes will have to pay the registration fee even if not attending.

**N.B.: Each Club Director is responsible for the correct online registration of his/her athletes. Please check your lists carefully!**

## Competition Entry Fees

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Children and Cadets € 35,00 / Juniors - Seniors - Veterans € 40,00

## Umpires

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Any School/Club/Gym must participate with Umpire(s) according to the following:

- Up to 8 competitors: 0 **Umpire** / More than 8 competitors: 1 **Umpire**

School/Club/Gyms that **do not** participate with a requested Umpire shall pay - **with no exception** - the amount of **75 €** for the missing Umpire.

- Umpire outfit: dark blue (or black) pants, dark blue jacket, tie, white shirt and white shoes.
- Umpires will be provided with drinks, lunch and snacks.
- Umpires shall receive a compensation based on the role played during the event.

## ATTENTION

- Any Umpire wishing to officiate must inform Master Luca Maragoni FITAE-ITF Umpire Chair of his /her participation by email : [arbitri@fitae-itf.com](mailto:arbitri@fitae-itf.com) on or **before March 10<sup>th</sup>, 2023**

## Coaches outfit

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- Tracksuit, sport shoes, towel.



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Inscription Fees, Height measuring and Weigh In for all competitors

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The **total** inscription fee of each participating club must be paid on **Saturday March 18<sup>th</sup>, 2023, from 17.00pm to 21.00pm or on Sunday March 19<sup>th</sup>, 2023 from 7.30 am** by the club Director in the **Sports Hall PALATORRINO, Via Fiume Giallo 47, Rome**

### Attention:

- There will not be a weigh in check for all the participants with the whole club present at the same time as **there shall be a random modality for height measuring and/or weight check for competitors near the ring**. Therefore, participants might be present one hour before starting their actual division/category.
- Competitors found in an incorrect division/category following an eventual random check will be moved to a different category paying an extra penalty fee of € 25,00.

**Each Club Director is responsible for the correct Sportdata online registration of his/her athletes.**

**Please check your Sportdata registration carefully!**

**Each Club Director is responsible for the total payment of all his athletes.**

## Sparring Equipment

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Competitors must have the following equipment:

- Hand and foot gear (color is not important)
- **Red and Blue Head** gear depending on the draw
- **Transparent** mouth guard
- Groin guard (worn inside the dobok trousers).

## Protest

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The coach is the only one that can present a protest according the ITF Tournament rules.

Protest fee: 100 €

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# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Competition Program

|             |   |
|-------------|---|
| 07.30       | Opening of the Sports Hall  |
| 08.15       | Umpire meeting conducted by FITAE-ITF Umpire Committee                                    |
| 08.30       | Opening speech  |
| 08.45       | Children and Cadets all belts competitors ready close to their ring                       |
| 09.00-13.00 | Children and Cadets all belts - Competition   |
| 14.00-20.00 | Junior and Senior all belts and all Veterans – Competition<br>(Be present at 13.00 hours) |

## Divisions/Categories/Children (6-11 years)

Individual Pattern / Individual Sparring / High Front Jumping kick /

### Individual Pattern – Divisions

- Pulcini /Chicks 6-7 years old (one category M/F)
- Draghetti /Dragons 8-9 years old (one category M/F)
- Speranze /Kids 10-11 years old (one category M/F)

|                             |                        |      |         |    |            |
|-----------------------------|------------------------|------|---------|----|------------|
| Yellow belt/Yellow superior | Competitor free choice | from | Chon-Ji | to | Do-San     |
| Green belt/Green superior   | Competitor free choice | from | Chon-Ji | to | Yul-Gok    |
| Blue belt /Blu sup.         | Competitor free choice | from | Chon-Ji | to | Toi-Gye    |
| Red belt/Red sup.           | Competitor free choice | from | Chon-Ji | to | Choong-Moo |
| Black Belts                 | Umpire choice          | from | Chon-Ji | to | Ge-Baek    |

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.
- Each bout consists of **one** pattern only.





# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

Children Individual Continuous Sparring – No punching to the face!

## Individual Sparring - Divisions

- Pulcini /Chicks 6-7 years old - Male
- Pulcini /Chicks 6-7 years old - Female
- Draghetti /Dragons 8-9 years old - Male
- Draghetti /Dragons 8-9 years old – Female
- Speranze /Kids 10-11 years old - Male
- Speranze /Kids 10-11 years old – Female

### Groups:

- Group 1 yellow and green belts
- Group 2 blue, red and black belts

### Height Class:

- Pulcini /Chicks (6-7 years) -125 cm / + 125 cm
- Draghetti /Dragons (8-9 years) -135 cm / + 135 cm
- Speranze /Kids (10-11 years) -145 cm / + 145 cm

### Duration of round: 1 x 1.30 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

## Children High Front Jumping Kick – Divisions

- Pulcini /Chicks 6-7 years old (one belt category M/F)
- Draghetti /Dragons 8-9 years old (one belt category M/F)
- Speranze /Kids 10-11 years old (one belt category M/F)

# Cadets (12, 13, 14 years)

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Individual Pattern / Individual Sparring / High Front Jumping Kick

## Individual Pattern - Cadets

Each bout consists of **one pattern only**.

# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Categories:

- Male Cadets 12-14 years old
- Female Cadets 12-14 years old

| Cadets (12-14) - Pattern    |                    |      |         |    |            |
|-----------------------------|--------------------|------|---------|----|------------|
| Yellow belt/Yellow superior | Competitors choice | from | Chon-Ji | to | Do-San     |
| Green belt/Green superior   | Competitors choice | from | Chon-Ji | to | Yul-Gok    |
| Blue belt/Blue superior     | Competitors choice | from | Chon-Ji | to | Toi-Gye    |
| Red belt/Red superior       | Competitors choice | from | Chon-Ji | to | Choong-Moo |
| Black I and II degree       | Umpire choice      | from | Chon-Ji | to | Ge-Baek    |

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

## Individual Sparring - Cadets

### Age Divisions:

1. Male Cadets 12-14 years old
2. Female Cadets 12-14 years old

### Belt Division Cadets:

- Group 1: yellow and green belts
- Group 2: blue, red, and black belts

### Weight Class

- Male -40kg, -45 kg, -52 kg, -60 kg, +60 kg
- Female -35kg, -40 kg, -45 kg, -50 kg, + 50 kg

### Duration of round: 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

## Individual High Front Jumping Kick - Cadets

- Male Cadets / 12-14 years old / one belt and height category
- Female Cadets / 12-14 years old / one belt and height category



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

Junior (15-17 yrs.) - Senior (18-35 yrs.) - Veteran (+36 yrs.)

## Individual Pattern

### Categories:

- Male Junior 15-17 years old
- Female Junior 15-17 years old
- Male Senior 18-35 years old
- Female Senior 18-35 years old
- Male Veterans 36 years and above
- Female Veterans 36 years and above

| Junior Individual (15-17 years old) Male and Female |                    |      |         |    |            |
|---|--------------------|------|---------|----|------------|
| Yellow belt/Yellow superior                         | Competitors choice | from | Chon-Ji | to | Do-San     |
| Green belt/Green superior                           | Competitors choice | from | Chon-Ji | to | Yul-Gok    |
| Blue belt/Blue superior                             | Competitors choice | from | Chon-Ji | to | Toi-Gye    |
| Red belt/Red superior                               | Competitors choice | from | Chon-Ji | to | Choong-Moo |
| Black I degree                                      | Umpire choice      | from | Chon-Ji | to | Ge-Baek    |
| Black II – III degree                               | Umpire choice      | from | Chon-Ji | to | Ju-Che     |
| Senior (18-35 years old) Individual Male and Female |                    |      |         |    |            |
| Yellow belt/Yellow superior                         | Competitors choice | from | Chon-Ji | to | Do-San     |
| Green belt/Green superior                           | Competitors choice | from | Chon-Ji | to | Yul-Gok    |
| Blue belt/Blue superior                             | Competitors choice | from | Chon-Ji | to | Toi-Gye    |
| Red belt/Red superior                               | Competitors choice | from | Chon-Ji | to | Choong-Moo |
| Black I degree                                      | Umpire choice      | from | Chon-Ji | to | Ge-Baek    |
| Black II degree                                     | Umpire choice      | from | Chon-Ji | to | Ju-Che     |
| Black III degree                                    | Umpire choice      | from | Chon-Ji | to | Choi-Yong  |
| Black IV to VI degree                               | Umpire choice      | from | Chon-Ji | to | Moon-Moo   |



# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Veteran (36 years and above) Male and Female

|   |                    |      |         |    |            |
|---|--------------------|------|---------|----|------------|
| Black Belts & Colored belts - one division. | Competitors choice | from | Chon-Ji | to | Choong-Moo |
|---|--------------------|------|---------|----|------------|

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

## Individual Junior Sparring

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

### Weight class - Group 1, 2, 3

- Male - 45 kg, -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg
- Female - 42 kg, -48 kg, -55 kg, -62 kg, + 62 kg

Duration of round - **Group 1 and 2: 1 x 2 minutes**

Duration of round - **Group 3: 2 x 2 minutes**

## Individual Senior Sparring

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

### Weight class - Group 1, 2, 3

- Male - 57 kg, -63 kg, -69 kg, -76 kg, -81 kg, +81 kg
- Female - 50 kg, -56 kg, -62 kg, -68kg, +68 kg

Duration of round - **Group 1 and 2: 1 x 2 minutes**

Duration of round - **Group 3: 2 x 2 minutes**

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.





# NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

## Individual Veteran Sparring

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- Group 1: yellow and green belts
- Group 2: blue, red and black belts

### Weight classes - Group 1 and/or 2

- Male -70 kg, +70 kg
- Female -55 kg, +55 kg

Duration of round - **Group 1 and 2: 1 x 2 minutes**

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.

**Attention please:** participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.

We are looking forward to meeting you in Italy, please feel free to ask any question to:

[extremefighters1@gmail.com](mailto:extremefighters1@gmail.com)